



## **What does it mean to be confident outdoors?**

Here at Among The Trees, we support our primary school aged learners in outdoor natural settings, experiencing supported risk taking, testing new experiences, mastering new skills and creating a connection with the natural world. We facilitate for learners who are increasingly thinking and acting independently and love being outside, all the while building a practical toolkit of skills and knowledge. They are then able to deploy these skills when needed in all kinds of external environments at different times of year and in all weathers.

### **Confident Outdoors**

Someone who is able to demonstrate confidence in oneself or one's abilities in an outdoor natural setting throughout the year in all kinds of weather, terrain and situations.

