


CONFIDENT OUTDOORS - SKILLS AND KNOWLEDGE ZONES



STEWARDSHIP

- LEAVE NO TRACE
- LOOK AFTER FOREST
- FAUNA
- FLORA
- RESPECT



MOVEMENT

- DIRECTION
- MAP
- COMPASS
- PHYSICAL LITERACY
- OBSTACLE COURSE
- PLAY




TREES

- OAK
- SILVER BIRCH
- BEECH
- HOLLY
- SYCAMORE
- MAPLE
- PINE
- HAZEL



FIRE

- FIRE STEEL
- MATCHES
- BUILD A FIRE
- MAINTAIN A FIRE
- EXTINGUISH A FIRE
- FIRE TRIANGLE



SHELTER

- NAT MAT DEN
- TARP SHELTER (B)
- TARP SHELTER (A)
- CHOOSE MATERIALS
- KNOTS
- HIGH SHELTER
- KIT SHELTER
- WP SHELTER



CHARACTER

- EMPATHY
- RESPECT
- RESILIENCE
- KINDNESS
- WELL-ADJUSTED
- FREE-THINKING




SOFT SKILLS

- RESILIENCE
- TEAM WORK
- PROBLEM SOLVING
- CREATIVITY
- EQ
- LEADERSHIP




CLOTHING

- LAYERING
- SUMMER
- AUTUMN
- WINTER
- SPRING
- HEAT LOSS
- FOOTWEAR



TOOLS

- SHEATH KNIFE
- PALM DRILL
- BILLHOOK
- LOPPERS
- SECATEURS
- AXE
- HAMMER



FLORA

- BLUEBELLS
- SNOW DROPS
- DAFFODILS
- CROCUS
- BRAMBLE
- BLACKTHORN
- FUNGI



FAUNA

- BADGER
- HEDGEHOG
- FOX
- ROBIN
- SQUIRREL
- MAGPIE
- SNAIL
- SLUG



KNOTS

- LARK'S HEAD KNOT
- PRUSIK
- CLOVE HITCH
- REEF KNOT
- HALF HITCH
- TIMBER HITCH
- BOWLINE
- COIL ROPE



ENVIRONMENT

- CONCERN FOR WORLD
- RECYCLE
- REUSE
- REDUCE
- REFUSE
- ROT
- PHENOLOGY
- WEATHER



OPERATING

- WORKS SAFELY
- CONSIDERS OTHERS
- COMMON SENSE
- OBSERVANT
- LISTENING